

## Drugs and the Decline of the West – How to Stop the Drift?

*Gabriel G. Nahas\**

I have a very heavy talk subject: “The Decline of the West and how to stop the drift?” Right now, I am going to tell you where it has to be stopped, and that’s right here in Switzerland.

Indeed, I am going to start with a tribute to Switzerland, because it’s a country which I have known as long as I can remember. My god-mother was from Yverdon; her name was Madeleine Nourisson. I became quite acquainted with Switzerland during the war, when I was an “Errand-boy spy” running errands from France to Switzerland going under the barbed wires and visiting Mr. Allen Dulles who was at that time the representative of the American Intelligence in Switzerland. (He later became the first head of the C.I.A.).

I remember what a beautiful, pristine land Switzerland was, a land of freedom and independence. I was coming from a country where one was constantly under watch and under the fear of being arrested and deported and killed. Here it was a land of freedom, where people could speak their mind openly, a land of independence. It was also a land of compassion. The League of Nations, dormant at the time, and the Red Cross, which expanded its compassionate good will to all the war prisoners across the globe.

I discovered a land of values and a land of friends, a land of values where family work and dedication to community were the landmark. It was also a land where most people recognized the greater divine power who inspires man’s consciousness and conscience and who gives them the capacity to distinguish true from false and right from wrong.

These values were openly expressed in the Swiss press which supported the allies at the time, very consistently and was a source of inspiration. When I listened over the French Radio to René Payot, who was an editor of the *Journal de Genève*, I had to be careful because it was forbidden to

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listen to his broadcast. He was supporting the allied cause. We were reminded at that time that Switzerland was the oldest democracy in Europe, that it was maintaining its course quietly but firmly. A fact forgotten today to the revisionists of history. The Swiss have a reason for being proud and not ashamed of what they did during the war. I like to tell that to the press, even to the Swiss press, which seems to ignore those facts.

Today, things seem to have changed. A new cultural trend has permeated Western thought and the trend is one of scientific reductionism. We are told that the only reality is that which can be objectively measured, that science will solve all human problems with time and eventually the scientists will develop drugs and pills, which will confer to people the capacity to overcome addiction and all other social and other existential ills. We are to expect in the future, a wisdom pill which will make free use of any good.

So every ailment will have to be treated chemically and therefore drug addicts will be given a special drug to deliver him/her from his/her dependence. In the meantime the drug addict is given the drug of his choice. Of course, a heroin addict will choose heroin. This is the nonsense into which some scientists have plunged us. However, the latest scientific discoveries have allowed many scientists to reach a very important conclusion. This magic bullet is just not attainable. Why? Because drugs are substances which are foreign to the human body, xenobiotics, and they persistently impair the coherent biochemical, commutational, electrical signals which are essential for the emergence of consciousness.

Indeed, integrity of the biochemistry of the brain is essential for the emergence of what we call consciousness and conscience. Consciousness is a reality which all human beings share with each other. We know a great deal about the biochemical pathways which take place in the brain. From the brain consciousness will emerge consciousness. Consciousness cannot be explained scientifically, but results from the biochemistry of the brain which occurs in a way which is so complicated, so miraculous, that no can describe it.

There is an interface which allows for all of this computational “digital” data to be transformed into the analog signals of consciousness and conscience. Consciousness enables man to distinguish between true and false and that which is right and wrong. This is a common observation of all times, ever since the thoughts of man have been recorded.



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Most physicists and a few biologists still recognize the reality of consciousness. Wigner, the atomic physicist and Nobel Prize winner claims that “there are two realities in life, the reality of one’s consciousness and the reality of everything else”. However, many biological scientists are very puzzled because they are unable to explain consciousness, so they just ignore it. They prefer to measure those things that can be measured easily. However, consciousness is a fact of human life.

It is important to say, that the emergence of consciousness requires the integrity of the biochemistry of the brain. What the drug does, is to impair this biochemistry at a very elementary level, at the level of the gene of the neuronal cell, of its DNA and in a very persistent fashion. As a result of drug action, a whole new biochemistry takes place in the brain. Consciousness is distorted, it’s impaired, it’s pre-empted. The pre-emption of consciousness by drugs is their most damaging effect on man’s thinking and behaviour. Because the drug will orient people towards a type of behaviour which they no longer control. Therefore they lose their freedom and that’s the greatest danger of the drug. It changes the brain so that man will have his consciousness pre-empted and will not be able to make an informed decision and exert his freedom of choice.

There are two other conditions in which consciousness is changed, in sleep it disappears and also during anaesthesia. It's very curious that there is no scientific explanation yet of either of those phenomena. But this is a very important concept to keep in mind. The first lesson here is that there is no biochemical way to restore the biochemistry of the brain to its normal, natural, physiological state of balance. The only treatment of a brain impaired by drugs, is abstinence. Abstinence for prevention and abstinence for treatment. This is a biological law and as long as the scientist ignores it he will fail to find a solution to drug dependence.

You've now understood that a drug pre-empted consciousness. In this respect I'd like to say that the consciousness of the European youth was also pre-empted on two other occasions which I remember. The consciousness of the European youth was pre-empted by two perverted ideologies, Nazism and Marxism. Millions, as a result, lost first their freedom and then their lives. The Swiss escaped this genocide. Their consciousness was not pre-empted by those perverted ideologies. That's why every Swiss was free and ready to fight to defend their country against a Nazi onslaught.

Today, the youth of Europe, their future and freedom, are threatened by drugs and their perverted providers. Mercantile interests distraught intellectuals who are glamorised drug pushers under the name of "harm reduction or drug decriminalization". Unfortunately it seems that the consciousness of these intellectuals, who are doing such harm, has also been pre-empted by an ideology of greed and power. Their consciousness has been pre-empted by the idea that freedom without constraints is the only worthwhile value and that the freedom of taking drugs is one of the basic rights of man. They refuse to recognize that drugs abridge the freedom of the mind.

I hope the Swiss people have understood this message. Switzerland expressing the sources of their culture should approve the referendum "Youth Without Drugs" and give an example to the western world. The western world can't give you an example, unfortunately, they are in the same struggle and even in a worse position than you are. You are the one to give an example to the western world in going back to your own values present in your country. In order to preserve the integrity of the brain which really is essential for physical and mental health, in order to preserve the freedom and independence of its citizens, Switzerland should choose "Youth Without Drugs", so that its youth may

survive. Switzerland has adopted the mission of the Red Cross, a mission of compassion to improve the lot of mankind, in alleviating the suffering of people all over the world. Switzerland has adopted a mission which is to preserve and extend the consciousness and conscience of humanity and help men survive everywhere. In order to spread the consciousness of life, Switzerland may adopt as its own, the motto of Albert Schweitzer "Ehrfurcht vor dem Leben" (*Revere Life*).

Thank you.

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